

NEW ALLERGY TESTING AND TREATMENT

By Dr. David Steenblock and Kerry Skinner

Exciting and revolutionary are the best words to describe a new technique for the diagnosis and treatment of health problems. The VOLL technique is able to accurately determine allergies and general health conditions in a safe, simple, pain-free way. For years doctors have dreamed of the ideal testing device. While the rest of us dreamed about it, one doctor did something to provide the world with such a device. Beginning in 1953, a German physician, Dr. Reinhold Voll began locating electrically measurable points on the skin's surface and correlating their relationship to specific organs and tissues of the body. Since then, Dr. Voll has identified more than 800 points which can be used to diagnose the health status of the entire body and treat those areas according to their need. Many of the most commonly used points are conveniently located on the hands and feet along major acupuncture meridians.

Dr. Voll initially established the relationship of these points to major internal organs years ago by pain-stakingly reviewing case after case. In subsequent years, test after test with corroborating results from orthodox testing have only proven the genius behind his efforts. The "Dermatron," a commonly used Voll instrument, emits a direct current on the order of 8-10 microamperes and approximately 1 volt at the site of the acupuncture point.



A meter calibrated from 0-100 (where 50 indicates a normal reading) quantifies the state of health of the organ or tissue being tested.

Prevention

The Voll technique is an effective tool for preliminary screening of patients for total body health on an annual or semi-annual basis. Every organ and organ system can be reviewed with respect to physiological and bioenergetic status. This information can then be used to evaluate a patient's needs for tests which might confirm the nature of a suspected problem. The potential for Voll testing

is, however, much more than this.

Voll testing is a great extension of man's capabilities in determining the earliest organ and system dysfunction. While the standard medical tests are fantastic and becoming even more so with CAT scanners, NMR, PET etc. rapidly becoming commonplace, all of these tests are designed to show a serious abnormality that is present. Voll testing helps in that regard also but is able to detect abnormalities of the tissues BEFORE the irreversible changes of destruction have permanently damaged the involved organs and tissues. Preventive Medicine has suddenly acquired a new standing in the world.

Heretofore, Preventive Medicine had been limited to vaccinations and a few dietary lifestyle recommendations. Now an actual program can be developed to nip these subtle abnormalities in the bud before they blossom forth with disease.

Allergy Testing with the Voll Technique

Voll testing can also be used to test for the presence and severity of allergic reactions to foods, food substances, pollens, molds, yeasts, environmental pollutants, chemicals, pesticides, etc., without directly exposing the patient to the potential allergen. There is therefore no health risk involved. A particular control point located bilaterally on the middle finger is used because of its association with allergic reactions in the body. This test method can be rapidly performed by an experienced technician with the results immediately available. In a carefully controlled comparative study between RAST, RASP, scratch, cytotoxic, and food challenge methods of allergy testing, Voll test results proved to be very accurate and reproducible. (AM J ACUPUNCTURE, 1984, 12(2):105). Again, the health risks to the patient are minimized and the physician is able to accurately test the presence of an allergic reaction as well as the degree of sensitivity to a substance.