

# Toward a Healthy Future

By Mary Frances  
Ball



## Editor's Note:

*I was first referred to Joyce Baker by a lactation consultant in an effort to help my new baby, Andrea, who was experiencing difficulty with breastfeeding, sleeping, (lack thereof!) and bowels. I quickly realized that Joyce, using an amazing process known as Electro Dermal Screening, was someone for whom I had long been looking—someone to listen to complaints and use a truly holistic approach to get to the root of the problem at a deep physical level. She was able to help Andrea, and over the last year and a half she has helped me most with fatigue problems along with a myriad of other insidious, insistent health problems that, I feel, are common to people living in our world at present.*

Talking with Joyce Baker, BSN, DIHt founder of the Worthington Wellness Center, quickly sends the mind reeling. Nothing short of a revolution is at hand when topics such as how complementary health care views

illness and its causes are discussed from a fresh, forward-seeking perspective.

At the Wellness Center, Joyce uses

Electro Dermal Screening (EDS), herbs, nutritional supplements, flower essences, polarity and homeopathy to assist the body in healing and detoxifying. Electro Dermal Screening, Joyce says, is like an electronic physical of the body, using information feedback found on the meridians. "We're using the same acupuncture points found in acupuncture, Healing Touch and Touch for Health, but we do not invade the skin." The procedure is fast and painless and any age can be tested. The form of testing is approved by the FDA as a type of biofeedback.

Joyce holds a Bachelor of Science in Nursing and has worked in various specialty areas for over 20 years. She has completed a two-year diplomat in Homeotherapeutics from the Institute of Natural Health Sciences in Livonia, MI. She is soon to complete two doctorates: Classical Homeopathy from the British Institute of Homeopathy, and Naturopathy from the Central States College of Naturopathy in Columbus.

The history of Electro Dermal Screening actually goes back to 1926 in Germany where Dr.

Reinhold Voll, MD, discovered a way to measure skin resistance on the meridians of the body which then indicated the general health of the organs associated with each meridian. In 1979, Dr. Voll's knowledge was combined with computer technology by James Hoyt Clark, from Brigham Young University. EDS technology is used world-wide in countries such as Canada, Mexico, England, Germany, South Africa, Australia and New Zealand. Due to the popularity of the work, sales and training have exploded world-wide.

Joyce is quick to point out that she uses natural substances to stimulate the body to heal itself. She does not diagnose disease nor interfere with the medications and care from her clients' family physicians. Her work complements traditional health care.

Joyce learned at an early age the value of complementary health care. While growing up in Denver, Joyce was accustomed to using herbs and nutritional supplements. Her mother used alfalfa tablets to control arthritis and chamomile tea to relax. She remembers foraging for mint leaves in the foothills of the Rocky Mountains.

When she moved to the Columbus area ten years ago, Joyce had many long-standing physical concerns such as severe weekly migraines, eczema, fatigue, arthritic knees, poor immune system, arrhythmias, constipation and frequent yeast infections. As a nurse, she followed all traditional health paths, but to little avail. It was then that a local chiropractor

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suggested that Joyce try Electro Dermal Screening. To her amazement, the problems that she was told she would have to live with forever began to lessen in severity and resolve themselves over the next year and a half.

It took some time for the supplements and homeopathy to clear the layers of ill health, but, says Joyce, "It took us years to get into the state we are in. It will take at least one month for every year of illness to resolve as much as the body will let you."

Joyce realized at this point that her calling was to study complementary health care. She studied herbology, flower essences, essential oils, basic nutrition, cell salts, homeopathy, Chinese nail and tongue theories, homotoxicology (science of how the body deals with toxins), iridology and EDS.

Within a year, Joyce will complete her doctorate in Naturopathy from Central States College of Naturopathy. Established in 1939, by Dr. H. Riley Spitler, it is the oldest school of Naturopathic Medicine in the country. Many of its hundreds of graduates are still in practice around the country. Electro Dermal Screening is taught at the college. ❖